



Allergens

The table represents the allergens contained in the dishes. Please note that all dishes may contain milk, eggs, peanuts, tree nuts, soy, fish, shellfish, sesame, wheat, sulphites and mustard.

Breakfast menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and mollusks	Sesame	Wheat	Sulfites	Mustard
Breakfast pizza (with seasoned potatoes and fruit)										
Lumberjack	X	X			X			X		
Garden	X	X			X			X		
Breakfast rolls	X	X			X			X		
Sweet-salty	X	X			X			X		
Western	X	X			X			X		
Morning classics (with 2 white bread toasts, seasoned potatoes and fruit)										
Egg to taste	X	X			X			X		
Egg to taste with bacon	X	X			X			X		
Egg to taste with cretons	X	X			X			X		
Egg to taste with baked beans	X	X			X			X		
Egg to taste with ham	X	X			X			X		
Egg to taste with sausages	X	X			X			X		
Brunch plate with pancake	X	X			X			X		
Breakfast club sandwich (white bread)	X	X			X			X		
Breakfast club sandwich (wheat bread)	X	X			X			X		
Breakfast club sandwich (multigrain bread)	X	X			X		X	X		
Coco fruit with yogurt	X	X			X			X		
Generous choco-banana	X	X		X	X			X		
Generous Sweet & salty with pancake	X	X						X		
Generous Sweet & salty with crêpe fine	X	X						X		
Generous Sweet & salty with half waffle	X	X			X			X		
Generous Sweet & salty with french toast	X	X			X			X		
Countryside platter (with 2 white bread toasts and baked beans)										
With 3 meats	X	X			X			X		

Breakfast menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and mollusks	Sesame	Wheat	Sulfites	Mustard
Homestyle	X	X			X			X		
Vegetarian	X	X			X			X		
The Hollandaise	X	X			X			X		
Poutine	X	X			X			X		X
Saint-Raymond	X	X			X			X		
Omelets (with 2 white bread toasts, seasoned potatoes and fruit)										
3 meats	X	X			X			X		
Garden	X	X			X			X		
Ham & Saint-Raymond	X	X			X			X		
Western	X	X			X			X		
Eggs benedict (with seasoned potatoes and fruits)										
Smoked salmon	X	X			X	X		X		
Classic	X	X			X			X		
Saint-Raymond	X	X			X			X		
Crêpes, pancakes, waffles and french toasts (with granola yogurt)										
Plain pancakes - fruit coulis	X	X						X		
Plain pancakes - custard	X	X						X		
Plain pancakes - maple syrup	X	X						X		
Crêpes fines choco-banana - maple syrup	X	X		X	X			X		
Crêpe fine ham, brocoli et cheese	X	X						X		
Crêpes plain (fines) - fruit coulis	X	X						X		
Crêpes plain (fines) - custard	X	X						X		
Crêpes plain (fines) - maple syrup	X	X						X		
Fruit waffle - Fruit coulis	X	X			X			X		
Fruit waffle - custard	X	X			X			X		
Fruit waffle - maple syrup	X	X			X			X		
French toasts - fruit coulis	X	X			X			X		
French toasts - custard	X	X			X			X		
French toasts - maple syrup	X	X			X			X		
Sweet tooth trio - crêpe fine - fruit coulis	X	X			X			X		
Sweet tooth trio - crêpe fine - custard	X	X			X			X		
Sweet tooth trio - crêpe fine - maple syrup	X	X			X			X		

Breakfast menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and mollusks	Sesame	Wheat	Sulfites	Mustard
Drinks										
Hot chocolate	X				X					
Orange juice										
Apple juice										
Apple & grape juice										
Milk	X									
Chocolate milk	X									
Country style smoothie										
Lime smoothie										
Tropical smoothie										
A la carte										
Bacon										
Peanut butter			X							
Strawberry - jam										
Raspberry - jam										
Blackberry - jam										
Orange marmalade - jam										
Pancake and maple syrup	X	X						X		
Crêpe fine and maple syrup	X	X						X		
Cretons								X		
Baked beans										
Ham										
English muffin	X				X			X		
Egg		X								
Granola parfait (yogurt 1.5% f.c.)	X							X		
French toast & maple syrup	X	X			X			X		
Seasoned potatoes										
Garlic potatoes au gratin	X				X					
Toasts white bread and margarine	X				X			X		
Toasts wheat bread and margarine	X				X			X		
Toasts multigrain bread and margarine	X				X		X	X		
White bread toast with cheese slices	X				X			X		

Breakfast menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and mollusks	Sesame	Wheat	Sulfites	Mustard
Fresh fruit salad										
Sausages								X		
Maple syrup										
Fruit yogurt	X									
Plain yogurt	X									