



Allergens

The table represents the allergens contained in the dishes. Please note that all dishes may contain milk, eggs, peanuts, tree nuts, soy, fish, shellfish, sesame, gluten, mustard and sulphites.

| Breakfast Menu | Milk | Eggs | Peanuts | Nuts | Soya | Fish, shellfish and molluscs | Sesame | Wheat | Sulphites | Mustard |
|---|------|------|---------|------|------|------------------------------|--------|-------|-----------|---------|
| Breakfast pizza | | | | | | | | | | |
| Lumberjack with potatoes and fruits | X | X | | | X | | | X | | |
| Chocolate and banana with vanilla yogourt, maple syrup and fruits | X | X | | X | X | | | X | | |
| Ham, broccoli and Cantonnier with potatoes and fruits | X | X | | | X | | | X | | |
| Sweet & Salty with potatoes and fruits | X | X | | | X | | | X | | |
| Western with potatoes and fruits | X | X | | | X | | | X | | |
| Morning classic (with 2 white bread toasts, potatoes and fruits) | | | | | | | | | | |
| Egg any style | X | X | | | X | | | X | | |
| Egg any style with bacon | X | X | | | X | | | X | | |
| Egg any style with cretons | X | X | | | X | | | X | | |
| Egg any style with baked beans | X | X | | | X | | | X | | |
| Egg any style with ham | X | X | | | X | | | X | | |
| Egg any style with sausage | X | X | | | X | | | X | | |
| Brunch platter with pancakes | X | X | | | X | | | X | | |
| Sweet & Salty combo with pancake, bacon and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with pancake, ham and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with pancake, sausage and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with waffle, bacon and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with waffle, ham and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with waffle, sausage and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with French toast, bacon and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with French toast, ham and egg | X | X | | | X | | | X | | |
| Sweet & Salty combo with French toast, sausage and egg | X | X | | | X | | | X | | |
| Skillet platter (with 2 white bread toasts and baked beans) | | | | | | | | | | |
| Three-meat | X | X | | | X | | | X | | |

| Breakfast Menu | Milk | Eggs | Peanuts | Nuts | Soya | Fish, shellfish and molluscs | Sesame | Wheat | Sulphites | Mustard |
|---|-------------|-------------|----------------|-------------|-------------|-------------------------------------|---------------|--------------|------------------|----------------|
| Cantonnier | X | X | | | X | | | X | | |
| Homestyle | X | X | | | X | | | X | | |
| Garden | X | X | | | X | | | X | | |
| Hollandaise | X | X | | | X | | | X | | |
| Poutine | X | X | | | X | | | X | | X |
| Omelets (with 2 white bread toasts, potatoes and fruits) | | | | | | | | | | |
| Three-meat | X | X | | | X | | | X | | |
| Garden | X | X | | | X | | | X | | |
| Ham and Cantonnier | X | X | | | X | | | X | | |
| Western | X | X | | | X | | | X | | |
| Eggs Benedict (with potatoes and fruits) | | | | | | | | | | |
| Smoked salmon | X | X | | | X | X | | X | | |
| Cantonnier | X | X | | | X | | | X | | |
| Classic | X | X | | | X | | | X | | |
| Pancakes, waffles and French toast (with yogurt, fruits and maple syrup) | | | | | | | | | | |
| Pancakes - fruit coulis | X | X | | | | | | X | | |
| Pancakes - custard | X | X | | | | | | X | | |
| Pancakes - maple syrup | X | X | | | | | | X | | |
| Liégeoise waffles - fruit coulis | X | X | | | X | | | X | | |
| Liégeoise waffles - custard | X | X | | | X | | | X | | |
| Liégeoise waffles - sirop d'érable | X | X | | | X | | | X | | |
| French toasts - fruit coulis | X | X | | | X | | | X | | |
| French toasts - custard | X | X | | | X | | | X | | |
| French toasts - maple syrup | X | X | | | X | | | X | | |
| Breakfast sandwiches (with potatoes and fruits) | | | | | | | | | | |
| Morning Bagel | X | X | | | | | X | X | | |
| Smoked salmon Bagel | X | | | | | X | X | X | | |
| Drinks | | | | | | | | | | |
| Hot chocolate | X | | | | X | | | | | |
| Orange juice | | | | | | | | | | |
| Apple juice | | | | | | | | | | |
| Apple & grape juice | | | | | | | | | | |

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|---------------------------------------|-------------|-------------|----------------|-------------|-------------|-------------------------------------|---------------|--------------|------------------|----------------|
| Milk | X | | | | | | | | | |
| Chocolate milk | X | | | | | | | | | |
| Countryside smoothie | | | | | | | | | | |
| Lime smoothie | | | | | | | | | | |
| Tropical smoothie | | | | | | | | | | |
| A la carte | | | | | | | | | | |
| Bacon | | | | | | | | | | |
| Peanut butter | | | X | | | | | | | |
| Jams - strawberry | | | | | | | | | | |
| Jams - raspberry | | | | | | | | | | |
| Jams - blackberry | | | | | | | | | | |
| Jams - orange marmalade | | | | | | | | | | |
| Pancake & maple syrup | X | X | | | | | | X | | |
| Cretons | | | | | | | | X | | |
| Baked beans | | | | | | | | | | |
| Ham | | | | | | | | | | |
| English muffin | X | | | | X | | | X | | |
| Egg | | X | | | | | | | | |
| French toast and maple syrup | X | X | | | X | | | X | | |
| Potatoes | | | | | | | | | | |
| White bread and margarine toast | X | | | | X | | | X | | |
| Whole wheat bread and margarine toast | X | | | | X | | | X | | |
| Multigrain bread and margarine toast | X | | | | X | | X | X | | |
| White bread toast with cheese slices | X | | | | X | | | X | | |
| Fresh fruit salad | | | | | | | | | | |
| Sausage | | | | | | | | X | | |
| Maple syrup | | | | | | | | | | |
| Fruit yogurt | X | | | | | | | | | |
| Plain yogurt | X | | | | | | | | | |